

Eye on Ewe

In each newsletter, we introduce you to one staff member and one resident, each of whom helps make Lamb a unique, supportive family.

Working at Lamb Is About More Than Cleaning, It's About Love



From left, Erlinda De Martinez, Leis Vanegas, and Ana Arcay bring more than superior cleaning skills to Lamb — they bring love for Lamb residents.

responsibility, but I realized it would be a good job for me to do," Ana says.

Keeping up with 49 homes

When she needed more help, Ana interviewed Leis Vanegas, whom she's known for 13 years. Leis joined Lamb later in 2003. In 2004, they needed another pair of hands for the cleaning crew, and Leis suggested Erlinda De Martinez. Together, these three women

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Christmas, Cookies, and Concerts — Just of Few of Dana Koerber's Favorite Things



Dana Koerber brings her attention to detail to Sweet Repeats Thrift Store and other activities and hobbies.

Finding her gifts

Blind since birth, Dana has impressed Lamb staff with her talents using other senses. "Dana has an amazing sense of smell," says Donna Mengel, Lamb Foundation president. "She usually is able to tell what dinner will be simply by the smell. We've quizzed her and have been able to stump her only once with a Manwich barbeque sandwich," adds Donna.

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114 North Main Street
North Wales PA 19454

Celebrate at Lamb's Christmas Dance

Come dressed in your Christmas finest on December 22, and keep an eye out for Santa while Decjay "Luke the Duke of Sound" spins tunes.

The Lamb Foundation provides supportive housing for 160 adults with mental, physical, and developmental disabilities in Montgomery County's North Penn community. Lamb Foundation living arrangements include more than 40 fully furnished apartments, studios, twins, and single homes. Many of the Victorian, Colonial, and Federal style homes are located on the Main Streets of North Wales, Lansdale, and West Point, PA.

Lamb Cabinet

- Mike Spenser
- Carole Ellis
- John Morrow
- Toni O'Connell

Lamb Foundation Director

- Donna L. Mengel

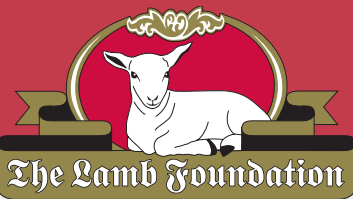
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Lamb on the Web

Go to www.lambfoundationpa.org, to get a glimpse into what life at Lamb is like. You'll find information on what we offer and how to contact us, as well as a resident application intake form to download.

Lamb Foundation is now an approved eBay charity for Charity Works. Go to www.ebay.com, search for seller store Sweet E Repeats, and shop our online items. Since early 2005, we have been selling antique and collector quality items donated to Sweet Repeats Thrift Shop online. All items sold on eBay are tax-deductible for the donor, and all the profits benefit Lamb Foundation and its residents.

Ewes News



HOLIDAY 2005

Meet the Sweet Repeats Crew



Lamb residents combine hard work and good fun at Sweet Repeats Thrift Shop. Standing: Sarah Morgan, Christine Kriebel, Steve Santa Maria, Store Manager Bonnie Smith, Rob Rotundo. Sitting: Johnny Morrow, Dana Koerber.

Running Sweet Repeats Thrift Shop involves the help of many people, including six Lamb residents. Dana Koerber, Christine Kriebel, Sarah Morgan, Johnny Morrow, Rob Rotundo, and Steve Santa Maria work at Sweet Repeats and help Manager Bonnie Smith keep up with the donations and floor displays.

Hang it up

Putting clothes out on racks is a large part of the job. It's also Johnny's favorite job. Sarah, whose favorite job is working at the shop with Donna Mengel, Lamb Foundation president, ranks putting clothes on the racks where they belong as a close second.

The crew also sorts items for display, bags recyclable textiles, separates out antiques or unique pieces to sell on eBay, and prices items for sale. Dana, who is blind from birth, is a whiz at separating tangled jewelry, matching pairs of earrings, and buttoning the tiny buttons on baby clothes.

And there are always customers to greet and help, and errands to run. Rob enjoys making the bank run when he's not separating hangers. When Steve isn't out back moving donations, he likes to help customers and bag their purchases.

Colors herald each holiday and season

Walk into Sweet Repeats at different times of the year and exciting color themes will catch your eye.

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114 North Main Street
North Wales, Pennsylvania 19454
Phone: 215-699-5600
Fax: 215-661-8825
Email: info@lambfoundationpa.org

What Your Gift to Lamb Provides

During the holiday season, people take time to give thanks for their blessings. Because Lamb Foundation is a tax-exempt nonprofit organization and relies daily on the generosity and support of families and friends, we give thanks every day for our blessings and the generosity of our friends and families. Thanks to the grants and donations from those who believe in our work at Lamb, this year we have provided affordable and attractive homes to 160 seniors and adults with special needs.

In the Fall 2005 *Ewes News*, resident Deb Rowland said, "It's important to have strong friendships. You don't want to be alone in life." Lamb Foundation offers seniors and adults more than a warm home, we offer a community to which they can belong. The friendships formed at Lamb are stronger than just living near each other. Lamb residents keep friendships alive by visiting former residents who have moved to other locations for medical care.

To further build our com-

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Counseling with a Christian Perspective



Jim Schairer provides counseling from a Christian perspective.

Lamb residents interested in counseling were offered a new option in October — counseling through Life Counseling Services, an agency with a Christian perspective located in Towamencin, Pa. “We wanted our residents to have another option, especially those who want their therapy to line up with their Christian beliefs,” says Donna Mengel, Lamb Foundation president. Lamb residents utilize counseling services and providers throughout Montgomery County.

Jim Schairer, M.Div, MSW, LSW, is available to meet with residents for individual and family counseling. “After being involved with Lamb for just a short time, I love the residents and staff here, and Lamb really does feel like one big family,” says Jim.

Offering what residents need

As an agency that does not receive any government funding, Lamb Foundation continually looks for ways to improve upon the services it offers residents while keeping the costs reasonable. Lamb Foundation seeks to streamline and coordinate medical and mental health services for the convenience of its residents and to reduce the cost of transportation. For information on Life Counseling Services, call the Lamb office at 215-699-5600.

Restoration of 414 East Walnut Street Continues



Frank Mangiaruga, Lamb staff, paints one of the seven new suites at 414 East Walnut Street.

With Phase One of the renovation work at 414 East Walnut Street done, Lamb has been able to provide homes to another nine people in need. Now they are focusing on Phase Two, the construction of four new suites, which will provide homes for up to 12 people.

“We are receiving architectural and engineering drawings now, which we’ll submit to North Wales Borough for construction permits,” says Lamb Foundation President Donna Mengel. While waiting for permits, Lamb staff is able to finish general improvements.

With a waiting list of over a dozen, Lamb is excited that the project will provide safe, affordable, and attractive homes for up to 21 people.

If you would like to invest directly in the creation of housing for people who desperately need homes, contact Lamb Foundation at 215-699-5600 or lamb5600@fast.net.

Meet the Sweet Repeats Crew (continued from page 1)

On Black Friday, the day after Thanksgiving, the Sweet Repeats Crew took all the autumn-themed and -colored items and marked them on sale. Then it was time for the red, green, gold, silver, and cream-colored items to herald the start of the Christmas season. “We color coordinate items in the store according to the season or holiday and group them together,” says Bonnie.

Time together beyond work

Dana, Christine, Sarah, Johnny, Rob, and Steve are more than just coworkers. They have become friends and enjoy having lunch together most Mondays and Fridays. So stop in one day, and discover both the many wonderful items for sale and the camaraderie of the Sweet Repeats Crew.



SAVE 20%

Off your next total purchase at Sweet Repeats!

This coupon is good for a one-day total purchase through December 31, 2005. Coupon may not be combined with other promotions or special sale days.

115 South Main Street, North Wales, PA 19454

Phone: 215-661-8800

Hours: Monday to Friday, 10 a.m. to 6 p.m.;

Saturday, 10 a.m. to 4 p.m.;

Sunday, we honor the Sabbath

What Your Gift to Lamb Provides (continued from page 1)

community and foster friendships, we have enhanced the social and recreation programs residents can enjoy. Our summer camp program, local trips, picnics, the Lamb Chorus group, dances, and various Bible study groups provide settings for residents to interact, form life-long bonds, and offer support to one another.

Increasing care, maintaining costs

As we look to 2006, we see challenges and opportunities. Lamb faces the challenge of providing warm, secure homes for our residents while facing increased heating costs and helping residents choose how to cover medical costs, which continue to rise.

But with challenges come opportunities. As work continues on restoration of the suites at 414 East Walnut Street, we have the opportunity to soon provide even more homes for seniors and adults with special needs. Turn to page 2 to read about the new Christian counseling services available to residents, and our hope to offer increased services while keeping costs down. Our holiday activities listed on this page and the work opportunities that Sweet Repeats Thrift Shop affords residents featured on page 1 are just some of the ways we continue to strengthen the bonds of friendship found throughout Lamb.

These opportunities, and more, are possible with your generous support. Lamb Foundation does not receive any government funding, but relies on grants and donations. As charities across the nation struggle with fewer resources due to traditional funding sources being sent to disaster relief, your contribution to Lamb provides more than ever. Your gift directly benefits the quality of life for more than 160 Lamb residents by providing homes, meals, and care. Thank you for blessing Lamb Foundation with the means to provide housing for seniors and adults with special needs.

Donation Guidelines

Clothing and Household Donations Drop-off:

Sweet Repeats, 115 South Main Street, North Wales, PA 215-661-8800. Hours: **Monday to Friday**, 10 a.m. to 6 p.m.; **Saturday**, 10 a.m. to 4 p.m.; **Sunday**, we honor the Sabbath

Food and Furniture Donations:

Call 215-699-5600 or email MarianneMessina@lambfoundationpa.org for pickup or delivery.

Financial Donations or Volunteer Opportunities:

Please call Donna Mengel at 216-699-5600 or email DonnaMengel@lambfoundationpa.org.

Please note: If you give to Lamb, we will not sell or give away your name or contact information.

Ring in the Holidays

Holiday shows, music, and activities are a time-honored tradition at Lamb Foundation. The day after Thanksgiving, many residents kicked off the Christmas season with a day of baking cookies, and on December 3, many enjoyed the holiday concert sounds of the Paul Fehr Family.

- **December 18, Children's Christmas Musical, Family Worship Center.**

For a copy of the current month's Lamb calendar of activities, call 215-699-5600.

Dana Koerber's Favorite Things (continued from page 5)

Dana uses her patience and fine motor skills at Sweet Repeats on Mondays and Fridays to untangle jewelry, sort and pair earrings, swiftly button tiny doll and baby clothes, and comb through clothing pockets before items are sent to be recycled. “It’s interesting working there. I like the people and I like that we usually go out to lunch on Fridays,” says Dana.

“I have something like a photographic memory, but without seeing the picture first,” says Dana. With an increased perception of distances, she quickly memorizes her surroundings so she can easily navigate them. “I used to use a cane, but they can be dangerous, especially outside with cracks in sidewalks,” she says. Instead, if she needs assistance, a friend will guide her.

“Dana maneuvers around the store better than those of us with sight,” says Donna. “She is truly an inspiration to all of us.”

Crafting and relaxing

Arts and crafts projects are one of Dana’s favorite pastimes. “I make beads out of clay and my mom pokes holes in the beads so I can then string them onto bracelets. I plan to start making necklaces soon,” says Dana.

When she’s not working or making beads, Dana likes to relax by reading mysteries in Braille, listening to TV, e-mailing friends, and especially listening to music. “I like going to concerts and like all kinds of music — pop, country, and even oldies.”

Goals of travel and concerts

Vacationing in northern California is a favorite memory of Dana’s. “I’d like to go back there. I liked being on vacation and shopping for trinkets,” she says. Another goal of hers for 2006 is to go to a large concert. “I’d like to hear Sarah McLachlan, or Alisha Keyes.”

Working at Lamb Is About More Than Cleaning (continued from page 5)

form an efficient and caring cleaning crew, who keep Lamb homes clean and tidy and bring smiles to residents’ faces as they chat and joke with them.

Ana, Lelis, and Erlinda have a set schedule to maintain the cleaning for Lamb’s 49 homes. In addition to the usual cleaning, they will work around maintenance projects.

Lamb Getaways brings more work and more fun

Each summer, Ana, Lelis, and Erlinda add cleaning and cooking for the Lamb Getaways program that Lamb Foundation offers residents to their schedule. In addition to cleaning at the summer camp, Ana, Lelis, and Erlinda also cook the meals.

“Working at Lamb Getaways is a lot of fun even though it’s hard work,” says Lelis. “After we’re done the cooking, we play games, swim, fish, and ride the paddle boats.”

Getting to know Ana, Lelis, and Erlinda

Ana, whose husband cooks for the Lamb Studios, is originally from Puerto Rico. She plans to return there this Christmas to visit her mother and hopes to travel to Jerusalem in summer 2006. She also enjoys reading and being involved at her church. “I feel my gift is to serve others and I really give myself to that,” says Ana. “When you give yourself to people, it makes them feel important.”

When Lelis is not at work, she and her husband are busy keeping up with their young son and daughter’s school and sport activities. Originally from Salvador, Lelis hopes to take her family to Salvador next year to visit their relatives.

Erlinda is originally from Panama, and according to Ana, “has a true heart for this job.” In her free time, she enjoys knitting, crocheting, and painting — especially flowers.

The next time you notice a sparkle in the corners at Lamb, you’ll know just whose handiwork it is!